



So What's This Energy Therapy Thing Anyway?

With
Sylvia Plester-Silk
Holistic Energy Therapist



Have you heard others talk about energy work and wondered what they meant?

This is your opportunity to explore the dimension of your energy field and how energy work could benefit you.

You will also see a hands-on demonstration of Energy Therapy.

Come out to meet Sylvia and learn how she works!

Cost: free
Location: 44 Cardigan Street, Guelph, ON N1H 3Z4
Phone: 519-822-3776

Remember to pre-register by calling Sylvia today! Space is limited!

Sylvia has a gift of sharing information in an easy to digest format that leaves the listener entertained and informed. Sylvia has been collecting wisdom for many years, initially as a Social Worker and Addictions Counsellor and for over a decade in energy work. Sylvia is a Holistic Energy Therapist, a Registered Social Worker and a Certified Addictions Counsellor.